KFMC Public Relation and Corporate Communications Administration held the annual Eid Al-Adha greeting ceremony on Monday at KFMC main auditorium hall. The CEO, Dr. Mahmoud bin Abdul Jabbar Al Yamany, started the ceremony by greeting KFMC employees on the Eid. He prayed Allah to repeat it for all in blessings and acceptance, and maintain security and safety blessings to our country as well as advancement under the Government of the Custodian of the Two Holy Mosques, King Salman bin Abdulaziz, may Allah support him and His Highness Crown Prince, Mohammad bin Salman bin Abdulaziz, and he would like to congratulate all who complete Hajj and pray that Almighty Allah grants them an accepted Hajj and forgiveness.

Dr. Mahmoud asserted that the greeting ceremony enhances the kindness spirit as well as it strengthens the bonds of brotherhood among KFMC employees, and gives a chance for all to meet their colleagues from different administrations after Eid Al-Fitr holiday.

"Effective Communication between Employees"

In every successful work environment, there is a number of elements contributed to this success and made it continuous. The most notable of which is harmony between the employees in the establishment, one of its significant reasons is "Effective Communication between Employees".

Communication is defined as any interaction between two person or two different entities in order to convey specific information, thoughts or emotions, to change attitudes and motivate others to achieve certain goals.

Some studies suggested that success in any work is attributed by 85% to communication skills and 15% to master work skills. For this reason, one’s success in life is associated with the ability to communicate effectively which contributes significantly in the individual’s behavior, as well as it harmonizes views, concepts, ideas and standardizes working methods, communicates individual’s ideas and views to the decision-making entities, which lead to link the ideas of individual and decision- policy making centers, thus achieving participation and harmony.

One of most important benefit that will be added by the Effective Communication between Employees is to provide the individual with calm, alertness and patience, leading to be wise in making his decisions and judgments, making correct decisions and appropriate judgments without any fanaticism or coercion.

It also works to make successful relationships whether at the family, work or other levels, in order to provide the individual with other important skills such as listening to others with credibility and impartiality, making him influential and successful leader.

The most significant point is that Effective Communication between Employees greatly minimizes disputes and problems as well as increases friendships in an individual’s environment, since poor communication with people causes disputes, while effective communication make successful relationships.

World Blood Donation Day

KFMC held an awareness day on the occasion of the World Blood Donation Day in the presence of Dr. Abdul Salam Al Zaharanry, the acting Associate Executive Director of Medical Administrations, in celebration of motivating the society to save the patients’ lives.

Statistics indicate that one out of each ten patients admitting the hospital needs blood transfusion, particularly patients suffering from malignant and incurable diseases, and operations, particularly, open-heart surgeries and caesarean delivery along with traffic accidents injuries.

Further, statistics also indicated that the donor acquiring many health benefits by blood donation such as increasing the bone marrow activity to produce new quantities of cells (Red blood cells, white blood cells and platelets), increasing blood circulation, and reducing heart disease and clogged arteries along with preventing accumulation of iron in the blood for patients suffering from iron overload such as Hemochromatosis.

Afterwards, Dr. Al Zaharanry honored many blood donors who contributed with their bloods in assisting the needed patients along with honoring the departments supporting the blood bank in blood donation campaigns.
KFMC Enhances its Success in Utilizing Modern Technologies for Gastroenterology and Hepatology Endoscopies

KFMC enhanced its success in treating Gastroenterology and Hepatology diseases by endoscopy through applying the latest diagnostic and therapeutic techniques made during the last three years. This is a qualitative shift contributed in changing many traditional concepts and methods in treating cases such as cystic duct obstruction, pancreas cancer, stomach cancer and esophageal cancer, and chronic hepatitis resulting from hepatitis C.

Benchmarking Establishment Keeping Up with the World.

“The last phase witnessed an international development in the field of diagnosing and treating different Gastroenterology and Hepatology diseases, noting that KFMC was always keen on keeping up with this development by providing the best therapeutic services as it is a benchmarking establishment in KSA since it owns specialized medical centers in neurologic surgery, Gastrointestinal tumors, cardiology and surgery* Gastroenterology and Therapeutic Interventional Endoscopies Consultant, and Head of Gastroenterology, Endoscopies and Hepatology Department in KFMC, Dr. Abed Al-Lehibi asserted.

Advisory Experience and Advanced Training

Dr. Al-Lehibi indicated that KFMC Gastroenterology Department is considered one of the advanced centers that serves patients in various KFMC departments. It was classified as a training center for Gastroenterology and Hepatology fellowship as per the Saudi Commission for Health Specialties accreditation. It comprises of three main sections: Gastroenterology, Hepatology and Endoscopies sections where ten elite consultants in the field of Gastroenterology are working there. Further, it accepts over the year a number of trainees, health faculties’ students and interns receiving an advanced specialized training.

New Concept of Endoscopies Performance

Endoscopies operation method has been changed than ever before few years. This is asserted by Dr. Al-Lehibi who spoke about KFMC usage of ultrasound endoscopies which is considered an important shift in the Gastroenterology treatment methods as they can be used in treating tumors along with taking cells easily without any surgical intervention. “KFMC utilizes modern technological abilities whether usual or highly specialized ones. While traditional endoscopies were used for diagnosis, the new concept; the interventional endoscopies combines diagnosis and treatment”, he added.

Breaking Up Stones by Laser

While many people are concerned about sleeve gastroectomy operations and their potential complications, it becomes possible to speak about the perfect practical solution for patients enabling the physicians to perform sleeve gastroectomy operations for a wider category, especially those cases not responding to the traditional treatment as surgical interventions were not recommended for those cases due to many factors, including body density.

The solution by using endoscopies in sleeve gastroectomy operations; it is an international used method that has been applied in KFMC during the last period. This method results were accepted in weight loss with less complications without any surgical procedures at all.

Sleeve Gastrectomy without any Complications

Balloon Endoscopies Unique Experience

Small intestine endoscopies remained one of the most accurate therapeutic methods used in treating gastrointestinal diseases. KFMC succeeded in providing a unique experience in this filed by using small intestine endoscopies between duodenum and colon. In this method, examining is performed by balloon endoscopy to detect any tumor or bleeding and get them treated diagnostically or therapeutically whether by taking medical procedure or referring the case along with its accurate results to the specialized entity to keep on its treatment until it is fully cured if Allah’s wills.

Towards Ending Hepatitis Patients Suffering

Hepatitis patients in KSA suffer from chronic diseases, most mental with severe epileptic seizures, and similarity in the facial and limbs appearances; A CT scan of the brain for all affected children has been reviewed and compared with the main case previously published American Journal of Medical Genetics in 2016. It is revealed that there is a typographic matching in severe cerebellar atrophy of all newly discovered children and families. By a mutual effort with the Molecular Genetics Laboratory at KFMC, the accurate genetic tests of the gene were conducted and the mutation was found accurately”, Dr. Faqeih said.

In 2016, we examined a Saudi family consisting of a father, a mother and three children who suffer from severe physical, mental and mobility disabilities, with invariable epileptic seizures. The brain CT scan also showed that the brainstem was affected and expanded in its cavities, with severe atrophy in the cerebellum and cerebral cortex. Unfortunately, this family did not have a genetic diagnosis while all the extensive genetic examination and confirmed these identical results; this indicates that the disease is hereditary and exists in KSA, and may affect families particularly in the southern region of KSA.

“*Research results showed that marriage between relatives is one of the strongest important causes. Many of those cases are related to obesity or caused by fats deposition in the liver for a long period. To eliminate this suffering, KFMC used the most recent technologies providing all Hepatitis patients with all examinations they need, including liver stiffness measurement by a specialized screen within no more than a quarter-hour approximately. Afterwards, the physician determines the patient’s treatment plan and provides Hepatitis B and C treatment whether by KFMC or the Ministry of Health (MOH).

KFMC, represented by Gastroenterology and Hepatology Department, in cooperation with MOH developed a strategic vision aiming to reach a treatment phase where all Hepatitis C patients complete their treatment in KSA.

International Conferences and Practical Applications

In addition to use modern technologies in treatment, KFMC took care of the scientific aspect and establishing communication channels and experiments exchange. KFMC organized three international conferences on endoscopies in 2014 and 2016, in addition to the conference held in May 2018 whose subjects focused on gastrointestinal tumors, and how to get them diagnosed by modern methods, taking samples, and differentiating between benign tumors and others.

This conference further discussed cystic ducts diseases, tumors and stones gathering. Moreover, it presented live operations of biliary and liver without complications and performed endoscopic sleeve gastroplasty. In addition, many discussion were exchanged among selection of Saudi physicians along with their counterparts from the Arab world, Europe and USA. At the end of the conference, a set of recommendations were declared aiming to serve patients and encourage the medical field and trainees in KSA to master diagnosis and treatment methods, and use modern devices in treating gastrointestinal diseases.

8412 Specialized Care Cases

According to the Head of Gastroenterology and Hepatology Department in KFMC, Dr. Abed Al-Lehibi, the department received in 2018-2017 about 8412 cases and all of which needed a specialized health care. Those cases varied from cystic duct endoscopies, ultrasound endoscopies, stomach and esophageal tumors diagnosis, obstructions and stones treatment, taking samples from pancreatic mass and others. A large number of these cases have been subjected to regular upper and lower endoscopies.

To Improve your health for people with special needs as they have an adverse effect on the psychological state such as: depression, anxiety and disorder such as: hyperactivity disorder and attention deficit disorders.
It became clear early that movement and speed were of great importance in shaping the personality of Adam, who was born and raised in the city of Riyadh. Movement and speed had a major role in shaping the features of his personal and professional life. Not only they impacted his career, but also his hobbies. In addition to enjoying bowling, “Adam” loved playing football since childhood and has won with his team two Ramadan tournaments organized by King Fahad Medical City (KFMC) for its employees and won “Top Scorer” and “Best Player” titles in one of them. He was the striker who won the first round of the biggest football tournament in the city of Riyadh for amateurs, which was organized by the General Sports Authority “Tournament of Riyadh Neighborhoods”. In addition, he excelled in volleyball, as he was titled the “Best Player” in KFMC Ramadan Tournament for his volleyball team.

Passion for “mechanics”
“Adam” had passion during his high school for installation and dismantling of machines and parts of the devices. After graduating with high degrees, his relatives waited for his future choices, but he surprised everyone by his decision to stop his study at this point to go to the professional career through working in mechanics, which captured his thinking and imagination.

Adam in KFMC
Adam started his KFMC career life in 2008, when he joined his first position as a “Medical Gas Technician”, through which he learned a lot in relation to spare parts, its components and how to deal with them. He then proceeded in KFMC Maintenance Department until he was appointed as “General Maintenance Supervisor” in 2015; through this position, he experienced many experiments and passed many courses that he was nominated for, which was important for his career, such as “Medical Gas Systems”, “Working Mechanism in Operating Rooms” and “Endoscopy”.

The beginnings
Despite the distinguished and powerful start of Adam at KFMC Maintenance Department, the English language barrier was one of the biggest challenges he ever faced at the beginning, where he spared no effort to overcome it. He enrolled in the English language courses held at KFMC Faculty of Medicine; with practice and mingling with others, he managed to overcome it and continue to shine in his career.

Passion and challenges
The most interesting thing for Adam about his work at KFMC is its diversity and being of an open field that he can benefit from its various experiences and cultures that are a great addition to anyone. The most difficult challenge for Adam is the high sensitivity of his work during emergency maintenance problems that can directly affect the patients, who are the base of care and attention at the facility, as this task must be accomplished at high speed and accuracy.

His vision and aspirations
Adam is observing the tremendous development of KFMC and he is looking forward that KFMC reaching the position it deserve in the highest rankings, through the efforts of its distinguished cadres. He is seeking to complete his university studies to open the horizons for his professional ambitions and future goals.

Conclusion
“Adam” recommends that we all be up to the expectations, always have trust and sincerity to work for the sake of Allah, the Almighty, as everyone in this entity works for the benefit of patients, and always remember the Hadith of our Holy Messenger: (Allah will be pleased with those who try to do their work in a perfect way).
Identify your anxiety and stress triggers by recording and analyzing negative attitudes to avoid them in the future.
Newborns

Our Colleagues, Waleed AlHawamdeh from King Salman Heart Center, is a proud father of a baby boy named AWS.

Our Colleagues, Tariq M. Alayan from Nursing, is a proud father of a baby boy named Yanal.

Our Colleagues, Mohammed F. Douadin from King Salman Heart Center, is a proud father of a baby boy named Jaad.

Our Colleagues, Shaima F. AlShamari from Customer Care Center, is a proud father of a baby boy named Naglaa.

In which issue of Madinati KFCM did your colleagues participate to win valuable prizes?

Participate with us and send your answer to madinatii@kfmc.med.sa.
لا يؤثر نظام العدائل على صحتك البينية فقط، كما يؤثر على صحتك العقلية أيضًا.
مدينة الملك فهد الطبية تعزز نجاحاً في استخدام التكنولوجيا
مناظير الجهاز الهضمي والكبد

تستضيف المملكة العربية السعودية، في إطار الاستعدادات الخاصة والمكثفة، برامج ودورات تدريبية تساعد الأس私 على تطبيق هذه الفنون لتعزيز سلامة المرضى.

تتوفر في مدينة المملكة فهد الطبية multitude of إمكانات تساعد الفرق الطبية على تطوير وتحسين رونقاً جمالياً وتحديداً في مجالات مثل التحالف، والتصنيفات، والعلاجات، وتعزيز الشفافية في الرعاية الصحية.

تعد التكنولوجيا كأداة قياسية لضمان سلامة المرضى، حيث تساعد في تحليل الظروف الطبية وتعزيز استجابة المرضى.

وقد بذلت السعودية جهوداً كبيرة لتعزيز التكنولوجيا في مجالات الرعاية الصحية، حيث تعتبر مدينة المملكة فهد الطبية مركزاً دولياً في مجالات تكنولوجيا المراقبة والتكنولوجيا الحيوية.

لتحسين صحتك العقلية طارف العمر الرياضة من النظام، حيث إنها تساعد في تعزيز الصحة العامة وتعزيز الجودة في الحياة، وتعزز الشعور بالسعادة والرفاهية.

وقد تساهم هذه المبادرات في تحسين نوعية الحياة وتعزيز الصحة العامة، حيث تعتبر الرياضة من أهم النشاطات الصحية.

وقد بذلت السعودية جهوداً كبيرة لتعزيز التكنولوجيا في مجالات الرعاية الصحية، حيث تعتبر مدينة المملكة فهد الطبية مركزاً دولياً في مجالات تكنولوجيا المراقبة والتكنولوجيا الحيوية.
عندما يولد المفهوم الطبيّ الفعلي، يمكن أن يكون من:`

- استخدام التقنيات الحديثة لمناظير الجهاز الهضمي والكبد
- التواصل الفعال بين الموظفين

المدينة الملكية فهد الطبية تعايد منسوبها

"التواصل الفعال بين الموظفين"

في كل بيئة عمل تعلّم أن لا يُقِنِع عدد من الأعمال، وهكذا، أن تتعلق هذه الأفعال أثناء محاصيفها

- أخذ كليبيات جديدة من خلال اكتساب هكذا الحمام.
- إعداد كليبيات جديدة من خلال اكتساب هكذا الحمام.
- إعداد كليبيات جديدة من خلال اكتساب هكذا الحمام.

maktadır هكذا: إعداد كليبيات جديدة من خلال اكتساب هكذا الحمام.

"التواصل الفعال بين الموظفين"

في كل بيئة عمل تعلّم أن لا يُقِنِع عدد من الأعمال، وهكذا، أن تتعلق هذه الأفعال أثناء محاصيفها

- تأكيد إعداد كليبيات جديدة من خلال اكتساب هكذا الحمام.
- أخذ كليبيات جديدة من خلال اكتساب هكذا الحمام.
- إعداد كليبيات جديدة من خلال اكتساب هكذا الحمام.

اهرة هكذا: إعداد كليبيات جديدة من خلال اكتساب هكذا الحمام.

"التواصل الفعال بين الموظفين"

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اهرة هكذا: إعداد كليبيات جديدة من خلال اكتساب هكذا الحمام.

"التواصل الفعال بين الموظفين"

في كل بيئة عمل تعلّم أن لا يُقِنِع عدد من الأعمال، وهكذا، أن تتعلق هذه الأفعال أثناء محاصيفها

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اهرة هكذا: إعداد كليبيات جديدة من خلال اكتساب هكذا الحمام.