

“A Comparative study to assess the effectiveness of intervention of Code of Ethics on Moral distress and Moral resilience among Pediatric Nurses in selected hospitals at Riyadh and Kanyakumari”

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Background

Pediatric nurses are faced with numerous challenges and stressors in their practice. In the broadest sense, ethics are the principles that guide an individual, group, or profession in conduct. The Code of Ethics for Nurses means ensuring integrity and safety, competence and personal and professional growth. The present study aims to highlight the effects of intervention of code of ethics among pediatric nurses. The effectiveness assessed in terms of intensity and frequency of moral distress and moral resilience.

Need for the study

Nurses encounter many situations in their work place that can cause moral distress. detailed information of distress, moral distress, code of ethics, moral resilience will help the nurses to identify them and to take decisions during the stressful situations. So this study will help the nurse’s identification and better outcome for the nursing profession.

Scope of the study

The study will help to increase the pediatric nurse’s lifestyle by reducing moral distress to de-stress by perceiving moral resilience regarding nursing code of ethics in daily life and patient care.

Methods and techniques

Comparative research design was used for the study and 243 participants from Riyadh and India were selected as purposive sampling. Conceptual framework was based on Betty Neumann’s model..

SECTION	TOOL	TECHNIQUES	PURPOSE
I	Demographic Characteristics	Self –Administered Questionnaire	To assess the socio demographic variables.
II	Modified Moral Distress Scale	Self- Administered Questionnaire	To assess the Moral Distress level of Paediatric Nurses
III	Modified Moral Resilience Scale	Self –Administered Questionnaire	To assess the Moral Resilience level of paediatric nurses
IV	Intervention of Code Of ethics	15 Minutes teaching about intervention of code of ethics	To assess the effectiveness of intervention among paediatric nurses

Results

There is an effectiveness of intervention before and after amongst pediatric nurses at Riyadh and India.

There is a significant difference in moral distress frequency, intensity and moral resilience amongst pediatric nurses at Riyadh and India.

There is a positive correlation between pre and post moral frequency, intensity and moral resilience of pediatric nurses in Riyadh and India.

There is a significant association with selected demographic variables like age, gender, qualification, designation, working hours and department.

Conclusion

The study increased resiliency have a statistically significant relationship to decrease moral distress among pediatric nurses.

Translational Potential

Findings can be integrated into nursing management. For instance, intervention or education programs for moral distress by nurses should be served for all nurses regardless of age, nursing experiences or special units.

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