



مدينة الملك فهد الطبية  
King Fahad Medical City



**Adalimumab**

## **What is Adalimumab and what it is used for?**

Adalimumab is a drug that lower the body's normal immune response, used to treat Arthritis, Psoriasis, Hidradenitis Suppurativa, Crohn's disease, Ulcerative Colitis, Non-infectious Uveitis.



## ➤ What you need to know before you use Adalimumab?



- \* Do not use the medication if you are allergic to Adalimumab or any other additives of this medicine
- \* If you have severe diseases, including active tuberculosis, signs of infection e.g. **fever, wounds, feeling tired, dental problem** immediately inform the doctor
- \* Tell your doctor and pharmacist about all the medications you're taking, prescribed or without prescription. (**To make sure that it is safe for you to take other drugs while taking Adalimumab injection**).
- \* Do not start, stop, or adjust the dose of any drug without checking with your doctor.

➤ **What should I know or do while I take this drug?**



- \* You may have more chances of getting an infection.
  - Wash hands regularly and avoid people with infections, colds, or flu.
- \* You may bleed more easily. Be careful and avoid injury.
  - Use a soft toothbrush and a safety razor
- \* Talk with your doctor before getting any vaccines.
  - Usage of some vaccines with this drug may either increase the chances of an infection or make the vaccine ineffective.

## Possible drug side effects:



- \* Signs of an allergic reaction
- \* Signs of infection
- \* Signs of lupus like a rash on the cheeks or other body parts, sunburn, muscle or joint pain, pressure in the chest or shortness of breath, or enlargement in the arms or legs.
- \* Signs of high blood pressure like very bad headache or unsteadiness, passing out, or change in eyesight.
- \* Pressure in the chest
- \* Night sweats
- \* A big weight loss
- \* Fever that does not go away.
- \* A skin growth
- \* Blood in the urine
- \* Dull skin
- \* Skin irritation to the injection site

## **In case of missed dose:**

- \* Take the missed dose immediately upon remembering
- \* If it is close to the time for your next dose, skip the missed dose and follow to your normal time.
- \* Do not take 2 doses at the same time or exceed the dose
- \* If you are not sure what to do if you miss a dose, call your doctor

## **Adalimumab with food and drink**

-Since Adalimumab is injected under the skin (subcutaneous) food and drink should not affect by the medication.

## Pregnancy and breast-feeding:

- \* The effects of Adalimumab in pregnant women are not known and so it is not recommended for pregnant women.



- ✓ You are advised to avoid becoming pregnant and must use adequate family planning while using Adalimumab for a period of 5 months after the last Adalimumab treatment.
- \* If you are breast feeding mother, you should stop breast-feeding during Adalimumab treatment and for at least 5 months after the last Adalimumab Treatment.
- \* If you received Adalimumab during pregnancy, your baby may have higher risk for getting an infection,



- ✓ **it is important** to tell your baby's doctor and other health care professionals about your Adalimumab use during pregnancy before the baby receives any vaccine/booster.

## **Driving and using machines**

- \* Adalimumab may have light influence on your ability to drive, cycle or use machines.
- \* Room spinning sensation and eyesight disturbance may occur after taking Adalimumab.

## **Do Not Use Adalimumab When:**



- \* Liquid is not clear, discolored, or has particles in it
- \* Liquid has been ice-cold (even if defrost) or left in direct sunlight
- \* Expiration date has passed



- \* The prefilled syringe has been dropped or broken.

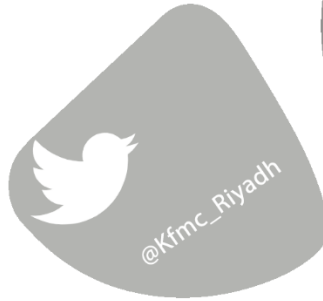
## **How to store Adalimumab?**

- Keep this medicine out of the sight and reach of children
- Do not use medicine if expiration date has passed.
- Store in refrigerator 2-8 degree Celsius, do not chill.
- Keep the pre-filled syringe in outer carton in order to protect from light.

# لأن الوعي وقاية ..

إدارة التمريض الصحي

Medical Specialties Nursing in )  
(Outpatient Nursing department



HEM2.19.000676

