

Instructions for Preparing the Large Intestine (Colon) for Colonoscopy Protocol (A): Two sachets of Picoprep

Colonoscopy Appointment:

Day	Put patient tag
Date: __/__/14__ AH corresponding to __/__/20__ AD	
Time:	
Location: Endoscopy Unit – Main Hospital – Ground Floor – King Fahd Medical City	In case of inquiries on the appointment or any procedure related to endoscopy, we are so pleased to receive your call on this number: 0112889999 - Ext: 11239

7 days before the Colonoscopy:

- Stop tablets containing iron, vitamins and calcium, or painkillers that contain morphine.
- Do not stop blood-thinning medications unless the attending physician asks you to stop these medications.
- Please do a corona swab 48 hours before the Colonoscopy.

On the day before the Colonoscopy:

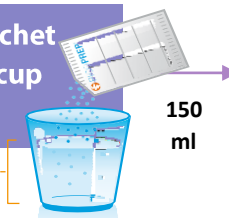
Have a light breakfast (such as eggs, butter, jam, and white bread) and do not consume milk, laban, yogurt, cheese, fruits, vegetables, and cornflakes before 10:00 am. Do not eat after that during this day until the end of the Colonoscopy in the next morning. On this day, you can only consume clear liquids (water or canned apple juice) **until the next morning 4 hours before the Colonoscopy time.**

Look back for instructions




Solution Preparation Instructions:

1. Empty one sachet into half of a cup of water.

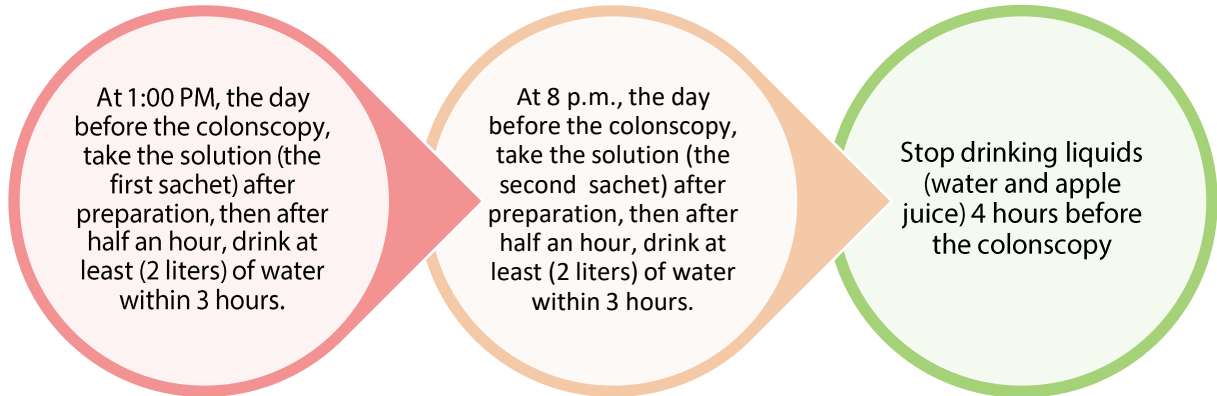


150 ml

2. Stir the drink well for 2 minutes.



Instructions for Drinking the Solution:



Instructions for the day of Colonoscopy and the day before:

1. Stop all types of diabetes medications tablets in the morning of the day of the Colonoscopy as well as the day before. Such tablets can be taken immediately after the end of the Colonoscopy.
2. If you are using insulin injections, half of dose should be sufficient, and it should be taken on the same usual time on the day of the Colonoscopy and the day before.
3. Medications for heart disease, hypertension, thyroid medications, convulsions or neurological disease should be taken if you have one of such diseases in the morning of the Colonoscopy day before 6 am with a glass of water.
4. Bring a list of the medications you use and the ones you are allergic to.
5. Bring an escort to drive you home after the examination because you will be anesthetized during the examination and you will not be able to drive the car for the rest of the day

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