



Instructions of How to Use Inhalers with Spacers

Before use:

- Check the expiration date of the inhaler.
- Check the prescribed number of puffs.
- Put the spacer together as shown in the picture.



How to use:

1. Remove the protective cap from the inhaler, and make sure there is no any impurities or metal parts inside.



2. Shake well.

- 3. Spray one puff in the air in case this is the first time you use the inhaler or if you didn't use it for more than 24 hours.**



- 4. Make sure there is no any impurities or metal parts in the spacer.**



- 5. Place the spacer on the patient's face and make sure it is positioned correctly.**

- 6. Insert the inhaler into the end of the spacer then press the puffer once.**

Do not remove the spacer from the patient's face until



**after the patient has taken 10 puffs (for adults),
or 5 puffs (for children).**

7. Remove the spacer from the patient's face.



**8. Wait 1-2 minutes if you are
going to take a second puff.**

**9. Remove the inhaler from
the spacer. Repeat steps
(step 5 to 8) based on the
number of puffs prescribed
by the doctor.**



The patient must know how to clean the spacer:

- Wash the spacer weekly.
- Pull off the front cover.
- Wash with water and soap then soak for 15 minutes.
- Dry the spacer without using tissues.
- Wait for it to dry before reinstalling and using it.



Note: Rinse your mouth after using corticosteroids.

لأن الوعي وقاية ..

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