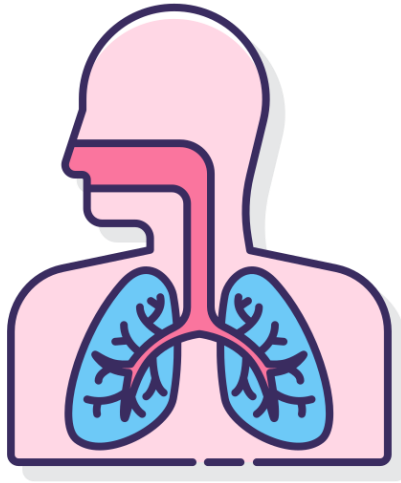




مدينة الملك فهد الطبية
King Fahad Medical City



Negative Inspiratory Force

What is Negative Inspiratory Force (NIF)?



It is a monitor that is indicated for use in measuring Negative Inspiratory Force, and it measures respiratory muscle strength and ventilator reserve.

NIFometer:



How to use NIFometer?

1-Set the pointer on Zero

2-Put on the nose clip

3-Insert the mouth piece into your mouth and close it tightly

4-Press on the occlusion knob

5-Take a deep breath (inhale) then stop pressing on the occlusion knob simultaneously

6-The negative inspiratory force will appear on the Manometer

7-To reset the manometer to Zero, move the pointer counterclockwise

8-Repeat the previous steps 3 times, and take the best out of 3 results

Important notes



- ✓ Pressing on the occlusion knob is important during inhalation
- ✓ You must reset the pointer to Zero with every try

This device is used for the following type of patients:

Patients with
Guillain-barre
syndrome

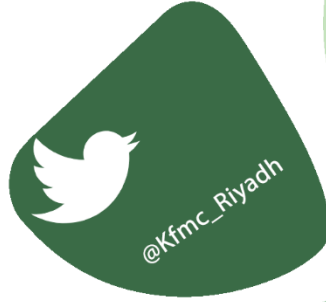
Neuromuscular
disease patients

Patients with
Myasthenia Gravis

لأن الوعي وقاية ..

إدارة التثقيف الصحي

Respiratory General Care Department



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