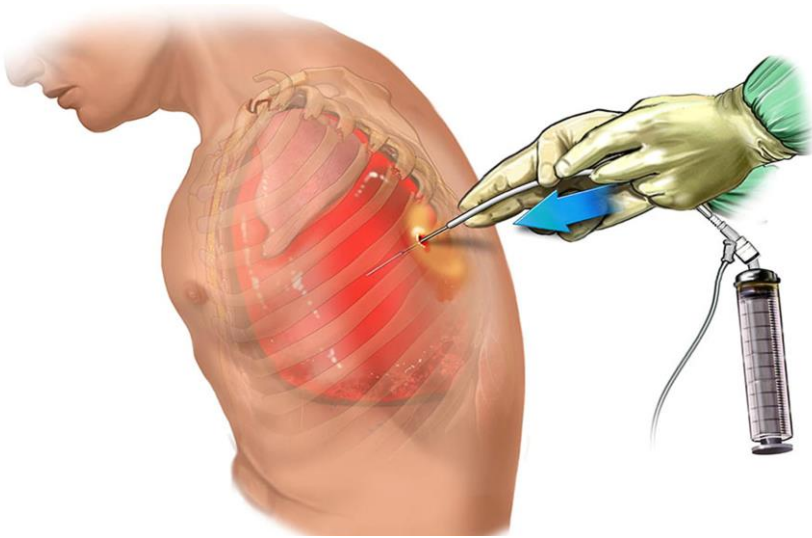




مدينة الملك فهد الطبية
King Fahad Medical City



Advice for Patients Recovering from A Pneumothorax Procedure

Advice for patients recovering from a Pneumothorax procedure:

- Please refrain from intense activities and straining for **6 weeks**.
- Please refrain from locations that expose you to alterations in atmospheric pressures such as diving, climbing mountains or flying for six weeks.
- You can wash the wound with clean water and soap and also have a shower but please **do not** soak it in a bath.
- Refrain from smoking and being exposed to 2nd hand smoke for at least 6 weeks after the procedure.



Our recommendation is that you consider quitting.

- The surgical sutures/or clips **can be removed 7-10 days after the procedure** in our clinic or to the nearest nursing clinic to you.
- Attend your clinic appointment with your surgeon which **should be 2 weeks after discharge**.
- Should you have severe chest pain, unrelenting fever or worsening shortness of breath please return to our Emergency unit (or the nearest one to you) and inform them that you had a surgical procedure to your lung recently so that they can triage you appropriately.



لأن الوعي وقاية ..

إدارة التثقيف الصحي

**Cardiovascular and Thoracic Surgery
Department**



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